



# **ALL-3-IN-1**

for Alex Johnson



# STRENGTHS SEQUENCE

for Alex Johnson

Your Strengths Sequence report presents 20 strengths, in the rank order revealed by your responses to HIGH5TEST. Your key 5 strengths are listed first. Your Strengths Sequence can be helpful to you in exploring beyond your HIGH5.

By leveraging the themes of talent toward the top of your sequence, you can enjoy personal and career success through consistent, near-perfect performance. The themes toward the bottom of your sequence are likely to be less apparent in your day-to-day behaviors. Sometimes they reflect what people don't enjoy or think about very much.

Spend some time thinking about your unique Strength Sequence and consider how your themes, separately or in combination, impact your work and personal life.

How to read the Strengths Sequence?

HOW I SEE  
MYSELF

STRENGTHS  
SECTION

HOW THE WORLD  
SEES ME

**4** Strengths name  
Strengths short description

**29**

# 5

## STRENGTHS SEQUENCE

ME	STRENGTH	WORLD
1	<b>Analyst</b> Analysts are energized by getting to look for simplicity and clarity through a large amount of data. Analyst are frustrated when someone asks them to follow their heart rather than logic and proven facts.	20
2	<b>Believer</b> Actions of Believers are driven by the core higher values that cannot be compromised at expense of the success. Believers are drained if their beliefs and values are getting questioned or misaligned with what they have to do.	19
3	<b>Brainstormer</b> Brainstormers are excited when asked to come up with new no-limits ideas and to connect seemingly unconnectable. Brainstormers get quickly bored by standard practices or closed minded people.	18
4	<b>Catalyst</b> Catalysts enjoy getting things started and creating momentum in a stagnant environment. Catalysts cannot stand waiting and wasting time when they could be getting things off the ground.	17
5	<b>Chameleon</b> Chameleons draw excitement from constantly changing environments, surprises, unexpected detours and working 'on the fly'. They are bored to tears by predictability and routine.	16



# HIGH5 DEEP DIVE

for Alex Johnson

Your HIGH5 DEEP DIVE report presents your 5 main strengths, in the rank order revealed by your responses to HIGH5TEST.

Every strength in this report has four sections:

- 1) a full strength description to increase awareness;
- 2) watch-outs of the strength;
- 3) action ideas to apply and develop the strength.

While reading every strengths section, try to reflect on two questions: 1) What will you do differently tomorrow as a result of this report? 2) How will you commit to taking action and doing more of what you're good at?

1. Brainstormer
2. Time Keeper
3. Self-Believer
4. Commander
5. Believer

# 5

## STRENGTH: BRAINSTORMER

### Brainstormer Description:

Your main objective is to achieve results. In the end of the day you feel dissatisfied if you have not achieved any tangible result, no matter if it's small or big or if it's a working day or a holiday. This full focus on achieving results keeps pushing you forward to do more. Because there is never a shortage of achievements to make. Whenever one thing has been achieved, there is always the next one on the horizon, which gives you endless source of energy to pursue new challenges and tasks. It helps you to work long hours without burning out, to set the pace and to define the levels of productivity in your work group.

### Brainstormer Watch Outs:

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## STRENGTH: BRAINSTORMER

### Brainstormer Action Ideas:

Select jobs that allow you to have the liberty to work as hard as you want and in which you are encouraged to measure your own productivity. You will feel challenged and alive in these environments.

As an achiever, you wish the feeling of being busy, yet you also need to know when you are "done." Attach timelines and measurement to goals so that effort leads to defined progress and tangible outcomes.

Remember to build celebration and recognition into your life. Achievers tend to move on to the next challenge without acknowledging their success. Counter this impulse by creating regular opportunities to enjoy your progress and accomplishments.

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## STRENGTHS SEQUENCE

ME	STRENGTH	WORLD
6	<b>Coach</b> Coaches enjoy discovering the potential in other people and supporting their personal growth. They find it hard to accept when this potential is getting wasted.	15
7	<b>Commander</b> Commanders love to be in charge, to speak up, and to be asked for a direct opinion. They do not avoid conflicts and cannot understand 'beating around the bush' mentality.	14
8	<b>Deliverer</b> Deliverers follow through on their commitments and they enjoy seeing how it builds more trust and respect among others. They feel horrible if promises get broken - both on the receiving and on the giving side.	13
9	<b>Empathizer</b> Empathizers are great at noticing how others feel and using this understanding to do something good. They are frustrated when asked to disregard feelings and emotions and follow strict logic instead.	12
10	<b>Focus Expert</b> Focus Experts enjoy getting one project until the finish line rather than changing course regularly. They cannot stand distraction that can interrupt them from focusing on one thing at a time.	11

# 5

## STRENGTHS SEQUENCE

ME	STRENGTH	WORLD
11	<b>Optimist</b> Optimists enjoy giving praise on what's right about people and being grateful for what they have. They find it hard to be around people who constantly pick out what's wrong in everything.	10
12	<b>Peace Keeper</b> Peace Keepers are masters of balance, finding alignment and building bridges among people to get to the best outcome. They feel emotionally drained by constant frictions among people, who do not look for common ground.	9
13	<b>Philomath</b> Philomaths are in love with learning - exploring many interests, following new paths, learning as many things as possible. They do not enjoy companies of 'know-it-all' people are not curious to learn something new or to explore new ideas.	8
14	<b>Problem Solver</b> Problem Solvers love finding bugs, uncover flaws, diagnosing problems and finding solutions to them. They find it hard to sweep problems under the rug and keep going while ignoring unsolved issues.	7
15	<b>Self-Believer</b> Self-Believers are independent and self-sufficient people, inspiring others with their certainty and confidence. They cannot stand when others tell them what to do or control their actions.	6

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## STRENGTHS SEQUENCE

ME	STRENGTH	WORLD
16	<b>Storyteller</b> Storytellers are masters of communication. They like to host, speak in public and to be listened to. They drain in situations that do not allow expressing themselves through words.	5
17	<b>Strategist</b> Strategists have the skill to see the big picture, which enables them to find the best route through the clutter. Because connecting the dots comes so naturally for them, they get impatient with people who make slow decisions.	4
18	<b>Thinker</b> Thinkers enjoy the mental activity, intellectual discussions and spending time alone thinking. They find it hard to work in teams where acting before thinking is the norm.	3
19	<b>Time Keeper</b> Nothing excites Time Keeper more than meeting the deadline. They enjoy setting up processes, timelines, and plans. Time Keepers get confused in chaos where neither outcomes nor ways to achieve them are clear.	2
20	<b>Winner</b> Winners can turn any mundane task into a game or challenge because the feeling of competition is essential for them. They feel lost in the environments with no defined measure of success.	1



# HIGH5 STRENGTHS COMPATIBILITY

for Alex Johnson

Your HIGH5 strengths do not exist in solitude, but rather complement each other forming a unique mix of strengths. They do the same in a team environment when your combination of strengths would work better together with a complementary mix of strengths.

The HIGH5 STRENGTHS COMPATIBILITY presents your 5 main strengths and consists of 2 parts. One focusing on the complementarity of strengths within your HIGH5, and another - on the complementary partnerships you can form with people around you.

1. Brainstormer
2. Time Keeper
3. Self-Believer
4. Commander
5. Believer

# 5

## STRENGTH: BRAINSTORMER

### Complementarity within Your HIGH5

#### BRAINSTORMER + TIME KEEPER

Interacting with my closest friends is critical to my wellbeing, and engaging my teammates is critical to my well-being

#### BRAINSTORMER + SELF-BELIEVER

Interacting with my closest friends is critical to my wellbeing, and engaging my teammates is critical to my well-being

#### BRAINSTORMER + COMMANDER

Interacting with my closest friends is critical to my wellbeing, and engaging my teammates is critical to my well-being

#### BRAINSTORMER + BELIEVER

Interacting with my closest friends is critical to my wellbeing, and engaging my teammates is critical to my well-being

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## STRENGTH: BRAINSTORMER

### Complementary Partnerships with Others

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## STRENGTH: TIME KEEPER

### Complementarity within Your HIGH5

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#### TIME KEEPER + SELF-BELIEVER

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#### TIME KEEPER + COMMANDER

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## STRENGTH: SELF-BELIEVER

### Complementarity within Your HIGH5

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## STRENGTH: COMMANDER

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## STRENGTH: STRENGTH: BELIEVER

### Complementary Partnerships with Others

Your main objective is to achieve results. In the end of the day, you feel dissatisfied if you have not achieved any tangible result, no matter if it's small or big, or if it's a working day or a holiday. This full focus on achieving results keeps pushing you forward to do more, because there is never a shortage of achievements to make. Whenever one thing has been achieved, there is always the next one on the horizon, which gives you endless source of energy to pursue new challenges and tasks. It helps you to work long hours without burning out, to set the pace and to define the levels of productivity in your work group.

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